

## Mitchell Krockmalnik Grabois

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### Hawaii

The missionary's son  
owned sugar plantations  
The sweetness of psalms  
folded before the sweetness of cane

Sweetness was all anyone wanted  
but ultimately it all went to sucralose  
aspartame  
cyclamate, like a warning of climate change

Skinny girls roll in beds together  
giggling, headed to effortless lesbianism  
and man-hatred

and in the end white Midwesterners got all the wealth

We got sourball

## Chocolate

My brain chemistry is being changed  
though I'm still blocked from bathing  
and changing my clothes  
My shrink says: To increase motivation  
go roll in the mud

I agree: that would be a good field trip  
and the results would include  
hiding my fat  
Wait! That's not fat  
It's chocolate  
reincarnated

**Mitchell Krockmalnik Grabois** has had over a thousand of his poems and fictions appear in literary magazines in the U.S. and abroad, including THE HOMESTEAD REVIEW. He has been nominated for the Pushcart Prize, The Best of the Net, and Queen's Ferry Press's Best Small Fictions for work published in 2011 through 2015. His novel, **Two-Headed Dog**, based on his work as a clinical psychologist in a state hospital, is available for [Kindle](#) and [Nook](#), or as a [print edition](#). To see more of his work, google *Mitchell Krockmalnik Grabois*. He lives in Denver.