### MICHAEL MEINHOFF

# **Teddy Bear**

The smoothed surface of the pint-sized, granite stone reads:

RONNIE LEWIS 1948 ---- 1953

The head and right ear of a soft (I touched him), water-drenched, toy bear rests against the lower, right side of the stone.

The bear's eyes are wide open, and his right, hind leg sticks straight up in the air. The bear appears to have just fallen and died

... not so very long ago.

### **Down Time**

The sun is weak today -- it's been staying out too long somewhere else.

Not even the sun can shine brightly all the time, everywhere.

We all need a quiet place below the horizon.

Odd, though, how poets and mystics shine

brighter during downtime

than when fully exposed.

# Cities under Siege

Traffic noise and air pollution climb your high-rise walls like warriors on a secret mission, like the interest on unpaid bills.

They stare in your windows like sneaky paparazzi ... like ghosts, like the eyes you don't have in the back of your head.

They know you've got to open up sometime.

#### **Coastal Route**

A launching pad for birds

A runway for those whose thoughts fly seaward whose sunset dips its warm body into the sea whose vision touches the endless horizon

A place for those who have always loved to swim for those whose mind lifts up and down, and up again and then curves over in lullaby-like undulations

A destination for those who never wanted to leave their mother

# My Mother's Breathing

Lungs full of an angry ocean, a sea reaching its fingers out for thinned air

and my mother's shore taking a pounding, a forced and heavy racing in and raging out

and throughout this last storm, my mother stoic as a star.

**Michael Meinhoff** lives with his wife on twenty-five acres near Yosemite National Park where he enjoys the solitude and closeness to the land. His poetry has appeared in the *Aurorean*, *Brevities*, *Lilliput Review*, *Plainsongs*, *Song of the San Joaquin*, and *the Unrorean*.